“Paradigms in implant treatment planning are beginning to shift”

An interview with Prof. Friedrich Wilhelm Neukam, Scientific Chairman for the annual congress of the European Association of Osseointegration

In a few weeks, thousands of dental professionals will be gathering in the capital of Greece for the annual congress of the (EAO). Dental Tribune Group Editor Daniel Zimmermann spoke with Scientific Chairman Prof. Friedrich Wilhelm Neukam from the University of Erlangen, Germany, about the event and what is on the cards for the world of dental implantology.

In the following interview, he discussed the role of computer-aided planning in dentistry, the main theme of this year’s EAO Congress, what changes have occurred in the field of dental implantology over the past years, and the impact of the industry on implant-based treatment.

Based on these submissions, it is possible to predict where the specialty is heading?

Upcoming developments in the field will definitely be influenced by a significantly higher degree of precision in imaging technologies that are the basis for computer-simulated implantations and flapless surgery. Of course, these rather complex procedures will not be necessary for simple implantations, but with regard to augmentative procedures or complex individual solutions, dentists will be increasingly applying these techniques in the future.

Last year’s congress was all about clinical controversy in dental implantology. What topics will be the focus this time?

Besides treatment planning in implant dentistry, our main topic, the prevention and management of complications and risk factors will be discussed. Furthermore, speakers are expected to shed light on other important aspects such as treatment planning nowa-bies?

Generally, we have to take some degree of error into account when transferring the results from the analysis of X-rays, CBCT or CT images to the final treatment protocol. Another important matter is the complexity of treatment planning with regard to the treatment protocol selected. Things are in flux here as well and the hope is to offer some clarification, especially for colleagues working in private practice.

Do you think that dentists have much catchup to do with regard to treatment planning?

There are standard planning procedures prior to treatments such as implantation, augmentation, as well as prosthetic and surgical therapy. However, paradigms in implant treatment planning are beginning to shift, especially in cases with high requirements for aesthetics and for procedures, like for immediate-load implants. In these areas, we are noticing a technical leap forward in digital imaging and computer-assisted implantation. In my opinion, these things are even more important to be discussed extensively.

What are the most common mistakes in implant loading, treatment protocols and the predictability of clinical results?

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The increasing use of digital instrumentation has broken new experimental ground in almost all clinical areas in dentistry. What impact has it had on implant-based restorations?

The use of digital instrumentation based on 3-D imaging has brought new dimensions to implant therapy. With the help of these technologies, it has become possible for dental practitioners to get a highly precise, 3-D representation of the local soft-tissue conditions, bone structure, and the loss of hard and soft tissue caused by resorption. This has given us a number of new therapeutic approaches. For me, the main advantage is that by using these techniques our knowledge is now far greater before we actually start a treatment, so that we are able to achieve a more precise and safer implantation for our patients.

EAO congresses are considered to be exceptionally well-organised events. How has cooperation been with local organisers in Greece?

As usual, the EAO Congress is organised in cooperation with local scientific organisations. This year, the Hellenic Association of Oral and Maxillofacial Surgery, the Greek Society for Osseointegration, and the Hellenic Society of Periodontology have helped organise their own meeting, the “Greek Session”, which will give congress participants the opportunity to thank all colleagues from these associations for their support.

In addition to the main scientific programme of the EAO Congress, they have also been able to organise their own meeting, the “Greek Session”, which will give congress participants from all over the world the opportunity to inform themselves about the current status of technologies and trends, as well as the high level of implantology in Greece.

Together with the Paris Team of the Colloquium Group, we have invested a great deal of attention to detail and effort into the preparations for the Congress, as well as in the scientific and auxiliary programmes and we are very confident that participants can look forward to a highly professionally organised event.

What are your personal and professional expectations of the congress?

For someone like me having been personally involved in the preparations, one hopes that the congress will be a success. It is my sincere belief that all involved in our field will be able to learn a lot from the scientific studies that are being conducted, as well as from colleagues around the world who will be presenting their latest scientific data.

Personally, I am also looking forward to the exhibition. The EAO Congress will present the largest showcase of implantology-related products and technologies in Europe, and I am eager to see which novelties the industry will pull out of the hat. Not forgetting the numerous talks and exchanges with friends and colleagues, who, unfortunately, have had the pleasure to meet during our congress.

Last but not least, I am looking forward to seeing Athens, which has been the cultural, economic and scientific centre of Greece for over 7,000 years.

Thank you very much for this interview.

(Translated provided by Annemarie Fischer, Germany)