Mouth Sores

A Pain in the Mouth: Sudanese Prone to Mouth Sores

As if not being cursed enough already with having to work so hard, students seem to have a high prevalence of canker sores or cold sores in addition, according to new research. After graduation, when stress levels are lower, the sores seem to appear less frequently.

How can the dentist help?
Cold sore treatment includes topical creams or oral anti-viral medications. Canker sores have to be treated with over-the-counter-anaesthetics or, in severe cases, topical-based medicaments. Canker sores have already with having to work so hard, can play a role in spreading infection to others more easily. "We all need to wear face-masks when unwell to prevent spreading infection to others more easily," he said in a speech. "We all need to change our daily habits."

New Zealand doctors head international study on best age for corrective surgery on children with cleft lip and palate

The study appeared in the December 2003 issue of the International Journal of Paediatric Otorhinolaryngology. According to Dr Adrian Skinner, a plastic surgery registrar at Middlemore Hospital, Auckland, the study will assess the diverse outcomes for children who had the operation ten years ago. Among the checks will be a speech language assessment, a hearing test, orthodontics checks and X-rays of the head.

Infection control has been at the forefront of our minds, especially over the past year given the occurrence of SARS and the bird flu. Although the guidelines discussed in this article are voluntary, dentists in the US regard them as standard. Some states even adopt them as a legal standard among the laws pertaining to running a dental practice.

On December 18, 2005, the United States Centers for Disease Control and Prevention (CDC) published updated guidelines for infection control in dental health-care settings in the Morbidity and Mortality Weekly Report. These guidelines culminate over two years of work by CDC experts in infection control to revise and update recommendations that were first published in 1986 and revised in 1995.

In addition to updating topics addressed in earlier guidelines, the new recommendations synthesized guidance from other CDC publications on a wide range of relevant topics. While compliance with these federal